



Pet Sitter Checklist

- Stay in the loop! Ask for daily text message or email updates on how your pet is doing. If you're missing your furry friend, ask for photos and videos, too!
- Go for a walk! Show your pet sitter the usual route you and your dog walk every day, pointing out places to avoid, high traffic areas and of course, the best spots to stop and sniff.
- Be safe, not sorry. If your pet has a tendency to race out the front door when someone opens it, advise your sitter to use a side or back entrance.
- Set boundaries. If there are rooms or spaces in your home that are off-limits, point them out while giving your pet sitter a tour of your home. Shut bedroom and office doors to reinforce that boundary.
- Take inventory of the toys. Remove any toys that your pet might ingest if they are left on their own or have a history of anxious chewing, such as soft toys or rope toys.
- Stick to a routine! Some pets experience separation anxiety when their humans leave them behind, so sticking to their usual schedule for meals, walks, playtime, medications, etc. can help them feel more at ease.
- Make sure your pet sitter knows the name of your pet's primary care veterinarian, and has Central Veterinary Hospital saved in their phone: 510-797-7387.

In case of emergency, they can call us 24/7 and we will be able to refer them to a local emergency pet hospital that they can bring your pet to, day or night.

